



## CONFERENCES

### *The perfect location*

Formans Fish Island is the perfect location for any type of meeting or event. We have 900 sq metres of meeting spaces. We have three spaces with two separate entrances and spacious outside terraces. These can also be hired separately or together.

They all have natural daylight and views of the 2012 Olympic Stadium. The building is shaped like a darne of salmon and is brand new! We are located on the River Lea. There is free access Wi Fi.



FORMAN'S FISH ISLAND  
STOUR ROAD - FISH ISLAND - LONDON - E3 2NT

## FLOOR 1



**Feel.** Light and airy with white walls, huge windows and oak floors. Natural daylight.



**Interior view.** Visitors can take a peak into Forman's famous salmon smokery and see the artisan skills at work by day and hi-tech smoking kilns by night.



**View.** Situated on the River Lea with great view of the Olympic stadium, directly across the river.

### *Floor 1 areas*

These areas can be hired separately

**Main space**  
121 sq. metres - 1306 sq. ft.

**Restaurant**  
36 sq. metres - 390 sq. ft.

**Outside Terrace**  
23 sq. metres - 250 sq. ft.

**Capacities**

Theatre	90
Cabaret	80
Dining	120
Reception	220

**Capacities**

Dining	40
Reception	60

**Lavatories**

Loo Specification  
3 ladies, 3 basins  
2 urinal, 3 loos and 3 basins

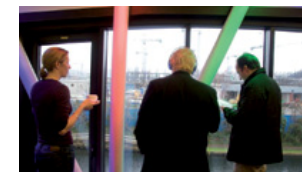
## FLOOR 2



**Feel.** Light and airy with white walls, huge windows and oak floors. Huge window floor to ceiling windows giving natural daylight. White walls, black doors with "port-holes" and grey carpet tiles



**Outside Space.** We have a large private terrace with views of the 2012 Olympic Stadium.



**View.** Situated on the River Lea with great views of the Olympic Stadium.

### *Floor 2 areas*

These areas can be hired separately

**Reception space for coats and registration**  
104 sq. metres - 1119 sq. ft.

**Event space**  
635 sq. metres - 6967 sq. ft.

**Roof terrace**  
251 sq. metres - 2700 sq. ft.

**Capacities**

Theatre	300
Dining	350
Cabaret	300
Reception	600

**Lavatories**

Loo Specification  
10 ladies, 6 basins and powder room for 3  
11 urinals, 3 loos and 6 basins  
2 disabled loo

*All measurements are approximate all capacities are subject to layout and size of tables and chairs.*



**FORMAN'S FISH ISLAND**  
STOUR ROAD - FISH ISLAND - LONDON - E3 2NT

Stour Road Fish Island  
London E3 2NT

Telephone: 0208 5252 390  
<http://www.formansfishisland.com>



## PARTIES

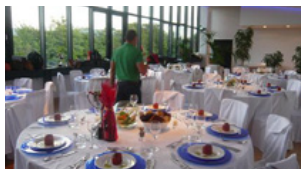
### *The perfect venue*

If you have a reception or a party, Formans Fish Island is the perfect venue. Natural light, outside terraces, plenty of flexible space and seriously good food. We have installed some fantastic lighting, AV and sound so you can create an amazing atmosphere at a very competitive cost. Food is always a big factor at a party. We supply food to 5 star restaurants and hotels all over the world so rest assured your guests will enjoy the best.



FORMAN'S FISH ISLAND  
STOUR ROAD - FISH ISLAND - LONDON - E3 2NT

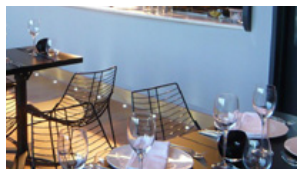
## FLOOR 1



**Lunch Parties.** We can cater for formal or informal lunches. Our smoked salmon is very popular



**Dinners.** Spectacular lighting creates just the right mood for a great party atmosphere.



**Restaurant.** Our restaurant can be used for more informal settings or can be set up for buffets.

### *Floor 1 areas*

#### *Main space*

121 sq. metres - 1306 sq. ft.

#### *Restaurant*

36 sq. metres - 390 sq. ft.

#### *Outside Terrace*

23 sq. metres - 250 sq. ft.

#### *Capacities*

Reception	180
Seated Dinner	120

## FLOOR 2



**Champagne receptions.** From a simple drinks reception to a formal banquet, Formans Fish Island will wow your guests with a blend of traditional quality in a chic urban setting



**Canape parties.** Our smoked salmon carveries are a real treat for guests. You can't get smoked salmon any fresher! Boris enjoyed his on a bagel



**Lighting.** We have pre-installed LED lights which can change to suit any corporate or personal colour mix, providing just the right style for your event and a huge saving on hiring-in lighting

### *Floor 2 areas*

#### *Reception space*

192 sq. metres - 1229 sq. ft.

#### *Event space*

635 sq. metres - 6967 sq. ft.

#### *Capacities*

Reception	600
Dining	400
Dinner/dance	350

*All measurements are approximate all capacities are subject to layout and size of tables and chairs.*



**FORMAN'S FISH ISLAND**  
STOUR ROAD - FISH ISLAND - LONDON - E3 2NT

Stour Road Fish Island  
London E3 2NT

Telephone: 0208 5252 390  
<http://www.formansfishisland.com>

# DIRECTIONS TO H.FORMAN & SON

## *By Car*

### **Heading north on A12 from the direction of the Blackwall Tunnel:**

Exit A12 at first exit after the Bow Flyover, signposted Old Ford, at end of slip road turn right and cross over the A12 onto Wick Lane, at roundabout take 2 exit, continue to lights and turn right onto Monier Rd, at roundabout take 2nd exit, continuing on Monier Rd, take 1st right onto Smeed Rd, take 2nd left onto Stour Rd, the factory is at the end of the road on the right.

## *By Taxi*

5-10 minute taxi ride from Stratford station

## *By Public Transport*

### **From Hackney Wick Overground Station – approx 10 minutes walk (station is one stop from Stratford)**

Turn left out of station on to Hepscott Rd, take 1st left onto White Post Lane, at T-junction continue left on White Post Lane, at bridge go down ramp onto near side canal towpath, follow towpath for approx 100m round right-angle bend, Cross canal over red pedestrian bridge to Roach Rd, continue straight down Roach Rd and turn left on to Stour Rd, the factory is on your left.

### **From Pudding Mill Lane DLR Station – approx 15 minutes walk (station is one stop from Stratford)**

Cross the road in front of the station and follow path up alleyway, after approx 50m turn left under the railway bridge and proceed up tarmac ramp to path “The Green Way”, turn left and follow the path over canal for approx 200m to the end, on your right you will see steps down, take steps down to the corner of Dace Rd, turn right on Dace Rd, take 2nd left on to Bream St, take 1st right on to Stour Rd, the factory is on the right.



FORMAN'S FISH ISLAND  
STOUR ROAD - FISH ISLAND - LONDON - E3 2NF